



REOPENING POLICY

Together in this effort

June 22, 2020

A precautionary guide to reopen during the covid 19
pandemic



SEBASTIANI FENCING ACADEMY: RETURN TO PRACTICE INFORMATION

INTRODUCTION

Towards establishing normal in-person operations, the Sebastiani Fencing Academy will be implementing a policy in four phases. These four phases constitute our “Return to Practice” (or “RTP”). As outlined below, this policy begins on June 22 with Phase 1 of our RTP. This policy was developed in order to create a work environment which complies with CDC and State guidelines, best practices, and mandates. Our policy includes moving some fencing activities outdoors, as well as limiting the number of fencers allowed to participate in classes and bouting sessions. Both of these actions allow us to maintain social distancing and put us in alignment with CDC and State guidelines.

With our policy completed, and many of the tasks necessary to prepare SFA for a “Return to Practice” (RTP) having been accomplished, there are requirements applicable to each of us. This memo outlines the requirements below, in compliance with CDC/State requirements as RTP is phased in. We include the logistics and procedures that SFA will employ, as well as guidance for parents and requirements that fencers will need to adhere to. The phases are as follows:



Phase 1 (June 22) - RTP

Outdoor Practice (weather permits)

Conditioning, private lessons, and small group classes:

- Canopies and fans are to be installed on back parking lot for shade and comfort.

Indoor Practice

Bouting, and private lessons:

- 2 fencers at a time per 15mn rotation will be permitted inside on the fencing floor.
- Large fencing room door will be opened and only strip #1 facing the outside parking lot will be in use.
- Group classes to continue via Zoom.



Phase 2 (July 6)

Outdoor and Indoor Practice:

- Less limitations on indoor bouting sessions: 4 fencers at a time per 15min, rotation on every other strip.

Outdoor/Indoor Summer Camps Begin:

- Limited 12 campers/week, using indoor strips 1 & 3.
- Outdoor Conditioning, Private lessons.



Phase 3 (TBD)

Outdoor and Indoor Practices Continue, as well as Summer Camps:

- Further decrease in limitations on students in class and for bouting, with every other strip in use (4 out of 8 strips).

Phase 4 (TBD)

Practices and Summer Camps are indoors and bouting capacity is increased (5 strips) while still maintaining social distancing.



LOGISTICS AND PROCEDURES

If you are sick, do not RTP. Specifically, stay home if you are experiencing any of the following:

- a. Fever of 100.0 degrees F or higher.
- b. Respiratory symptoms such as runny nose, sore throat, cough, or shortness of breath, unless clearly attributable to seasonal allergies
- c. Flu-like symptoms such as muscle aches, chills, and severe fatigue
- d. Decrease in a sense of taste or smell

Check temperature and record daily in the morning before leaving home. Any fever of 100.0 degrees or higher, please contact Gabrielle and do not RTP.



SFA FACILITY MAINTENANCE

Doors will be opened for increased ventilation (as much as possible depending on outdoor temperature).

Clear signage regarding precautionary measures will be installed in appropriate areas.

Hand sanitizing stations located throughout the facility.

Designated areas for individuals and fencing bags will be clearly marked using social distancing guidelines.

Fencers' changing room will be off limits. Daily cleaning and disinfecting of surfaces and commonly touched items will occur between each training block, and at the end of each day.



FENCER ARRIVAL & ENTRY

Only fencers who are scheduled should enter the facility. We strongly encourage parents to remain outside the facility. Two coaches will be present at all times. Additional family members and friends cannot enter the facility under any circumstances.

Prior to entry into the building, a face covering must be worn; one brought from home. Before entering SFA reception area, hands must be sanitized. There will be a sanitizing station at the entrance.

Temperature will be checked.

After checking in, changing out of street shoes, and washing hands, fencers should report to the training room and place their bag in their designated area assigned to them when they checked in. Once in their designated area, fencers must proceed to the back parking lot where the canopies are located and meet with our staff.



Before indoor training, fencers should go to their designated area to change into their full fencing uniform (including body cord).

At the conclusion of the session, fencers should return to their designated bag area and change out of their uniform, then check out at the front desk, and finally change back into street shoes prior to exiting the facility.

Uniforms should be taken home and washed after each practice, not left in the club.

All individuals in the facility not participating in activity must maintain a minimum of 6ft. of social distancing at all times.

Except during lessons or bouting, individuals participating in physical activities must maintain a minimum of 10ft. of social distancing.

No handshakes or elbow bumps between fencers.



FENCER EQUIPMENT PROCEDURES

Fencers must wear full uniforms, including knickers (and long socks for Epee).

Fencers are required to change out of street shoes and into a clean pair of fencing or athletic shoes prior to using the fencing floor.

Club gear will not be available for daily use: fencers must bring their own uniform and gear. (New gear can be purchased through the club). Contact the club to discuss long-term rental options). Fencing gloves are no longer available to rent or borrow from the Club.

Uniforms must be washed after each use. Masks, body cords and weapon handles must be wiped down and disinfected after each use.

Fencers will be offered to wear athletic disposable masks shield that clips inside their fencing mask (made in England by Leon Paul).



Fencers should not touch remotes or monitors for scoring machines (staff only).

Reel ends will be disinfected between each session.

Fencer's changing room will not be available for use, and all fencing gear (including bags) should be taken home by fencers at the end of each session.



**Students not complying with the protocol will be excused.
I understand and will comply with the terms of this policy**

Parent/Guardian Signature _____

Student Signature _____

Date: _____

RESOURCES

CDC Guidance for Cleaning & Disinfecting:
https://www.cdc.gov/coronavirus/2019-ncov/community/pdf/Reopening_America_Guidance.

USA Fencing's Return to Fencing Guidelines:
[https://cdn3.sportngin.com/attachments/document/18a7-2169677/Return to Fencing_5.26.20.pdf#_ga=2.249386511.981777894.1591568677-627087415.1585760686](https://cdn3.sportngin.com/attachments/document/18a7-2169677/Return_to_Fencing_5.26.20.pdf#_ga=2.249386511.981777894.1591568677-627087415.1585760686)